

What is "CIT"?

"CIT" stands for "Crisis Intervention Team." CIT is a team of Police Officers with special training in recognition of, and response to, a wide variety of Mental Health and Substance Abuse issues. In addition to hours of exposure to many forms of moderate to severe Mental Health/Behavioral Conditions, this training involves further development of skills in interpersonal communications, de-escalation techniques, conflict resolution, and awareness of available Mental Health and Substance Abuse resources.

What is CIT's importance to The Town of Fairfield?

Research shows that those afflicted with some form of mental illness are many times more likely to encounter law enforcement. It is important for officers to be able to recognize the difference between the symptoms of a mental health crisis versus deliberate evasive or combative behavior. The officer's degree of training will dictate his/her approach to, engagement of, and interaction with these individuals. The extra training CIT officers receive can help to facilitate the likely-hood of positive incident resolution for both the officer(s) and the individual(s) in crisis, as well as any bystanders.

What are the goals of the CIT Program?

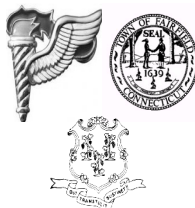
In aspiring to provide the best service possible to individuals and families living with mental illness, and taking every step to connect these individuals and families to the resources they need, we also work to accomplish the following goals:

- Less need for the use of Lethal Force
- Reduction in injuries to mental health consumers
- Reduction in officer injuries
- Reduction in Emergency Room recidivism
- Jail Diversion
- Reduction in civil litigation
- Improvements in community relations

You can request to speak to a CIT at any time!



Fairfield Police Department
100 Reef Rd
Fairfield CT 06824
Tel. 203-254-4807



Fairfield Police Department
For Emergencies Dial 911



Crisis Intervention Team
-Senior Citizens -





Recommended

SERVICES:

- Dial-A-Ride: 203-256-3170
- Eldercare Locator: 1-800-677-1116 (Information on caregivers and senior services)
- Elderly Tax Relief/Rental Rebate Programs: 203-256-3113
- Fairfield County Medical Association 203-372-4543 (Provides help finding a doctor)
- Fairfield Senior Center: 203-256-3166 (Information regarding concerns for welfare of Fairfield Senior Citizens)
- Fairfield Social Services: 203-256-3170
- Meals on Wheels: 203-368-4291
- Operation Hope: 203-292-5588
- Protective Services for the Elderly: 203-551-2701 (referral line)
- Section 8 Rental Assistance: 203-331-8948
- Senior Services:203-256-3113

Recommended

ADULT DAY CARE CENTERS FOR THE FRAIL ELDERLY:

- Grasmere by the Sea: 1 Post Rd, Fairfield, CT....203-365-6470
- Greenwich Adult Day Care 125 River Rd Ext., Greenwich, CT....203-622-0079
- CT Home Care Program for Elders 800-445-5394 (Agency which funds a variety of home care services as an alternative to nursing home care)

ASSISTANCE WITH PYSCHIATRIC DISABILITIES:

- Alzheimer's Association- 1-800-272-3900 (Support groups for patients as well as caregivers. (**24 hour help line**))
- Alzheimer's Foundation of America- 1-866-AFA-8484 (Focuses on providing optimal care for patients and support for families)
- Alzheimer's Organization (Southwest Region)- 203-939-1360
- Autism Speaks-888-288-4762 (Information and resources regarding individuals with Autism)

Recommended

ASSISTANCE CONTINUED...

- Department of Mental Health and Addiction Services (DMHAS)- 860-418-7000
- Greater Bridgeport Mental Health Clinic- 203-551-7507
- National Alliance on Mental Illness (NAMI)- 203-259-8396 Ext.30 (Advocacy and support for persons and/or families with mental illness)
- People with Disabilities: 203-256-3189 (Information regarding psychiatric and physical disabilities)
- The Kennedy Center- 203-365-8522 (Services for persons with special needs and disabilities)

WEBSITES:

- www.fcsinc.org (Fairfield Counseling Services)
- www.ElderCare.Gov (Information on caregivers and senior services)
- www.swcaa.org (Home Care Programs for Elders)
- www.AutismSpeaks.org